



Frederick Heins

November 2, 1938 - December 24, 2017

FREDERICK HEINS

November 2, 1938 – December 25, 2017

Frederick “Fred” Heins, 79, passed away Christmas Day at Kaiser Hospital in Vallejo following a brief illness.

Fred was born in Blackburn, MO and was a longtime Vallejo resident. He worked at Mare Island Naval Shipyard for 30 years retiring in 1988. Upon his retirement he worked at Hertz Big 4 Rents until 2008.

Fred volunteered at MIRA Theater for many years building sets for shows, he loved to watch all sports on TV, do cross word puzzles, walk at the wa-terfront in Vallejo, and volunteered at Good Shepherd Lutheran Church and at St. Vincent Ferrer Catholic Church.

Fred was preceded in death by his Parents, Herbert and Pauline Heins; and his brother, Paul Heins.

Survivors include his wife of 49 years, Xochitl (Ramos) Heins; Daughter, Beca Heins; Sons, Michael Heins and Eric Heins; and his Brother, Stanley Heins

Visitation will begin at 10 AM and funeral services will be held 11 AM Tuesday,

January 2 at Good Shepherd Lutheran Church, 1030 Redwood St., Vallejo with Pastor William Kant officiating. Burial will follow at All Souls Cemetery, 550 Glen Cove Rd., Vallejo.

Arrangements entrusted to the direction and care of Twin Chapels Mortuary, Vallejo (707) 552-6696. www.TwinChapelsMortuary.com

Cemetery Details

All Souls Cemetery

550 Glen Cove Road
Vallejo, CA 94591
(707) 644-5209

Previous Events

Visitation

JAN 2. 10:00 AM (PT)

Good Shepherd Lutheran Church
1030 Redwood Street
Vallejo, CA 94590

Funeral Service

JAN 2 (PT)

Good Shepherd Lutheran Church
1030 Redwood Street
Vallejo, CA 94590

Tribute Wall

JS

“ *My sincere condolences to the family. I am so sorry for your loss. May the God of all comfort be with your family during your time tells us that the GOD Of all comfort tells us that He will do away with death forever ever.*

joyce smith - December 30, 2017 at 08:21 AM